Candidate Handbook

CCHP Board of Trustees
1145 W. Diversey Pkwy.
Chicago, IL 60614
www.ncchc.org/CCHP-MH
SPECIALTY CERTIFICATION FOR CORRECTIONAL MENTAL HEALTH PROFESSIONALS

Professional Recognition
Mental health professionals working in correctional settings face unique challenges. They must provide effective, efficient care to a high need and often high acuity population while navigating strict security regulations, crowded facilities and the myriad legal and public health considerations unique to this specialty. To meet these challenges, continual professional growth is essential. Specialty certification provides formal recognition for practitioners who have engaged in a process of ongoing, focused and targeted professional development in the field of correctional mental health. Specialty certification in correctional mental health is a validation of your dedication to continuing competence and quality service delivery.

Purpose
The purpose of the CCHP-MH specialty examination is to measure a candidate's knowledge, understanding and application of national standards and guidelines essential to the delivery of appropriate mental health care, legal principles for practicing within a correctional mental health care system, ethical obligations of correctional mental health professionals and the role of mental health professionals in delivering health care in the correctional environment.

Eligibility
Eligibility is extended to all qualified mental health professionals as defined by NCCHC’s Standards for Mental Health Services in Correctional Facilities (2015), MH-A-02: “psychiatrists, psychologists, psychiatric social workers, licensed professional counselors, psychiatric nurses, and others who by virtue of their education, credentials, and experience are permitted by law to evaluate and care for the mental health needs of patients.”

Prior to submitting an application, applicants must have:
- Current CCHP certification
- Graduate level (master’s and above) degree
- Professional licensure within a U.S. state (for Canada and U.S. territories, credentials will be reviewed on a case-by-case basis)
- Equivalent of three years of full-time practice in a correctional environment

Application and Candidacy
Elements of the application:
- Copy of professional licensure or proof of license eligibility, e.g., copy of diploma, if license to practice is not required by law in your state
- Completed application and fees

For application deadlines for exams at conferences, see www.ncchc.org/CCHP/calendar.

Once the application, supporting materials and examination fee have been received and approved, applicants will receive acknowledgment of their candidacy to take the CCHP-MH exam. Candidates must register before the registration deadline for the exam they wish to take. Incomplete applications will be
kept on file for three months, after which time a new application and fees must be submitted. A candidate must take the exam within six months of the application approval date. Application fees are not refundable.

Exam Dates and Locations
Examinations are offered throughout the year, including at NCCHC’s conferences and at partner sites and conferences, Prometric test centers across the country, and online. For a list of exam dates and test center locations, visit www.ncchc.org/CCHP/calendar. For online exam information, visit www.ncchc.org/online-exams.

Exam Registration and Admission
Candidates must register for the exam through NCCHC (live locations) or Prometric (test centers or online), confirming the date and location where they wish to take the exam.

NCCHC Conference and Partner Sites and Conferences: Upon registering, candidates will receive an admission notice with the address of the site. The admission notice and a valid state photo ID or driver’s license are required to gain admission.

Prometric Test Centers/Remote Online Exams: Please follow the instructions provided during exam registration.

ADA Compliance
The CCHP Board of Trustees makes every effort to ensure that test centers are in compliance with the Americans with Disabilities Act. If you require special accommodations, please submit a written request at least 90 days before the examination date.

The Examination
The proctored, written examination is composed of 80 to 100 multiple-choice, objective questions. Candidates are allowed two hours to complete the examination.

NCCHC Conference and Partner Sites and Conferences: Report to the exam site as instructed on the admission notice. Candidates arriving late may be admitted, but will not be given additional time to complete the exam.

Prometric Test Centers: Report to the exam site as instructed by the test center and adhere to test center regulations.

No pagers, cell phones, alarms or similar devices may be operative during the exam. Personal digital assistants (PDAs) and other handheld computers also are prohibited. Any person using such devices will be dismissed from the test center and disqualified from the examination. No books, reference materials or study aids of any sort are allowed in the exam room.
NCCHC offers online exams with live remote proctors through Prometric. Take your exam from the comfort and safety of your home or office, at a date and time that is convenient for you. Internet access, a laptop or PC and a web camera are required. There are additional requirements available at www.ncchc.org/online-exams. Prior to beginning the exam, candidates will need to complete a system test.

**Exam Scoring and Reporting**

Examination questions, answers and grading guidelines are developed by the CCHP Board of Trustees and CCHP-MH Subcommittee. The candidate should choose the single best answer to each item. There is no penalty for incorrect answers; it is to the candidate’s advantage to answer each item even when uncertain of the correct response. No credit is given for items for which more than one response is selected.

The tests are graded electronically. Candidates will receive the results by email within two weeks. Only a pass or fail will be reported to the candidate. A list of passing candidates may be published; no reference is made to candidates who defer taking the examination or do not attain a passing score.

**Rescheduling and Reexamination**

Candidates must make and confirm all cancellations/changes through the website or direct contact with the entity registered with (NCCHC or Prometric). Candidates cancelling or rescheduling less than 5 days before the exam date are responsible for the full reregistration fee. Prometric imposes reduced fees 5-29 days before the scheduled exam date and no fee for 30 days or more.

Candidates who do not attain a passing score on their first attempt may retake the exam two additional times within one year of the application approval date.
Content Outline

Exam questions are written by experienced correctional mental health professionals and reviewed by professionals who have attained CCHP certification. They are reviewed for construction, accuracy and appropriateness by the CCHP Board of Trustees. The content of the examination is described in the content outline on the following pages. The 11 major content areas are weighted (reflected in the percentages) according to the established test plan.

This content outline identifies the 11 knowledge areas covered on the examination. Each knowledge area includes, but is not limited to, the study topics listed below.

For details about study materials, see www.ncchc.org/CCHP-MH-study-materials.

CCHP-MH Exam Content Outline

I. GOVERNANCE AND ADMINISTRATION (5%-10%)
   Access/barriers to care
   Responsible health authority
   Clinical autonomy
   Administrative meetings and reports
   Interdisciplinary collaboration
   Policies and procedures
   Continuous quality improvement program
   Emergency response plan
   Privacy of care
   Grievance mechanism
   Inmate death procedure
   Documentation of suicide risk
   Communication on patients’ mental health needs

II. SAFETY (3%-7%)
   Infection control
   Federal sexual assault reporting regulations
   Patient safety
   Staff safety

III. PERSONNEL AND TRAINING (7%-12%)
   Clinical performance enhancement
   Credentialing
   Mental health training for correctional officers
   Training for mental health staff
   Medication administration training
   Inmate workers
   Mental health staffing
   Mental health liaison
   Managing the mentally ill from a corrections administrator’s perspective

IV. MENTAL HEALTH CARE SERVICES AND SUPPORT (5%-10%)
   Mental health pharmaceutical operations
   Medication services
   Inpatient psychiatric care
   Clinic space, equipment and supplies
   Diagnostic services
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V. INMATE CARE AND TREATMENT (12%-18%)

Information on mental health services
Receiving screening for mental health needs
Transferred inmates
Mental health assessment and evaluation
Clinical assessment
Multicultural assessment and treatment issues
Nonemergency mental health services

Emergency services
Segregated inmates
Patient escort
Discharge planning
Continuity of mental health care during incarceration
Correctional treatment

VI. HEALTH PROMOTION (3%-7%)

Mental health education and self-care

Healthy lifestyle education and promotion

VII. SPECIAL NEEDS AND SERVICES (12%-18%)

Basic mental health services
Mental health programs and residential units
Correctional treatment
Treatment plans
Suicide prevention program
Suicide risk assessment
Suicide factors
Suicide lethality

Substance abuse services
Behavioral consultation
Substance abuse and co-occurring disorders
Managing disruptive inmates
Severe and persistent mental illness
Assessment and treatment of sex offenders
Responding to the needs of diverse inmates
Mental health needs of female inmates

VIII. CLINICAL RECORDS (4%-8%)

Format and content
Confidentiality

Access to custody information
Management of mental health information

IX. MEDICAL-LEGAL ISSUES (10%-15%)

Restraint and seclusion
Emergency psychotropic medication
Forensic information
Informed consent and right to refuse
Research

Executions
Legal issues in suicide litigation
Landmark cases
Litigation pitfalls in mental health

X. CORRECTIONAL MENTAL HEALTH: PAST AND FUTURE (4%-8%)

Criminal justice and mental health systems
A best-practices future

Correctional and community mental health service models

XI. JUVENILES (8%-12%)

Developmental issues
Self-injury

Suicide
Substance abuse
The Certified Correctional Health Professional (CCHP) program is sponsored by the National Commission on Correctional Health Care.

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