7:45 am – 8:45 am

EDUCATIONAL BREAKFAST

B1 The History of Correctional Health Care: Why It Matters Now More Than Ever
Ronald Shansky, MD, MPH, Consultant, and Brent Gibson, MD, MPH, CCHP, National Commission on Correctional Health Care

This presentation launches our discussion of leadership approaches that contribute to improved and sustained quality of correctional health services. We will review the history of correctional health litigation and the progress that has resulted. Finally, a discussion of correctional health professional ethics completes the package of tools available to help leaders in the field improve outcomes in correctional health services.

Educational Objectives
• Review the history of correctional health care litigation and its positive and negative impacts
• Describe the differences between correctional medicine and community medicine
• Summarize professional ethics in a correctional environment

9:00 am – 10:00 am

201 Health Care in the Correctional Culture: Inmates as Patients
Rebecca Lubelczyk, MD, CCHP, MHM Correctional Services, Inc.

To practice correctional medicine efficiently and adeptly, one must understand and respect the cultures that exist in a jail, prison or other detention facility. Only when each culture recognizes and respects the other can medical care be delivered in an objective, positive fashion. This presentation is designed to orient the clinician to the differences between correctional and conventional medicine, focusing on the interacting cultures of security, medical and patient.

Educational Objectives
• Explain the role of the correctional staff
• Demonstrate insight as to why patients do something or ask for something
• Discuss why it is important to view the patients objectively

202 Inmate Responsibility, User Fees and Early Release of Elderly and Terminally Ill Inmates
Sharon Lewis, MD, Georgia Department of Corrections

Reductions in health care budgets dictate use of strategies to reduce cost and expenses. Similar to health care systems in the free world, the correctional health care delivery system must encourage inmates’ participation in their medical care. A state-authorized medical reprieve/compassionate release process, using defined criteria, allows inmates to access community resources for their medical care. This session will outline the process, procedures and components of an early-release program related to age and medical conditions.

Educational Objectives
• Review issues related to health care budgets and expenses in correctional health care
• Describe the benefits of an early-release program for eligible inmates
• Summarize how to create an early-release program in collaboration with the state

203 Infection Control Program Development
Nicholas Scharff, MD, MPH, Consultant

Beyond HIV and hepatitis C, infectious diseases are a small fraction of inmate health care, but outbreaks are a perpetual threat. Most new medical directors have relatively little background in infection control. Even if we inherit a well-developed IC program, we must learn what’s in it, how to examine and maintain it, and how to adapt it to new situations. This session will describe the skeleton of such a program and will detail some of the more complex aspects.

Educational Objectives
• Describe the scope of an infection control program, with examples and resources for program development
• Discuss specific program elements for TB, viral hepatitis, occupational exposures to bloodborne pathogens and varicella
• Review principles of outbreak management, with emphasis on isolation and quarantine planning using pandemic influenza as an example

10:45 am – 11:45 am

204 The Team Approach to Hepatitis C Management
Stephen Shelton, MD, CCHP-A, Oregon Department of Corrections

The FDA has approved two new medications for the treatment of chronic hepatitis C. Treatment with these medications can eradicate the virus in over 90% of individuals, yet the cost of these treatment options would destroy the budget of many correctional health systems and community health programs. This review of sofosbuvir and simeprevir and AASLD/
IDSA recommendations for HCV treatment with these medications will also look at the budgetary and economic impact of this treatment advance in our real-world application.

Educational Objectives
• Review the newest medications for treating chronic hepatitis C
• Discuss how to balance correctional legal obligations, medical care and real-life resources
• Explore how to fit “budget breaking” advances in medical care into your program

11:45 am – 1:00 pm

EDUCATIONAL LUNCH
L1 HIV in the Correctional Setting
Ty Bingham, PharmD, AAHIVP, Federal Bureau of Prisons
This presentation will provide an update on HIV management recommendations based on the latest DHHS Guidelines for the Use of Antiretroviral Agents in HIV-1-Infected Adults and Adolescents. Topics will include HIV testing, baseline medical evaluation, immunizations, resistance testing (genotype and phenotype), opportunistic infections, antiretrovirals (when and what to start), comparison of antiretroviral classes and medications within those classes, measuring response to treatment, assessing virologic/immunologic failure and managing treatment-experienced patients.

Educational Objectives
• Discuss how to formulate an approach to the baseline evaluation of a patient with HIV infection
• Summarize current DHHS recommendations for treating patients with HIV infection
• Identify methods for improving patient outcomes in a correctional setting

This program is made possible by an educational grant from Gilead Sciences.

206 Being Sued: Federal Claims vs. State Malpractice
Deana Johnson, JD, MHM Correctional Services, Inc.
Federal constitutional lawsuits and state law malpractice claims differ in significant ways. After an overview of the types of federal and state law claims that arise in the correctional health care setting, this lecture will focus on differences between the standards of proof, expert testimony, finders of facts and other important distinctions in these types of litigation. It also will touch upon critical issues such as reporting to the licensing board, insurance and legal representation.

Educational Objectives
• Review the differences between so-called “Section 1983” claims and medical negligence cases
• Describe the protections afforded to those practicing in the correctional health care field
• Identify key issues such as reporting outcomes to licensure boards, insurance, etc.

1:30 pm – 2:30 pm

205 Peer-to-Peer Networking
At this session, you’ll meet with clinical or administrative staff from facilities like yours: prisons, large jails or small jails for education, information sharing and idea exchange. Topics will be distributed separately.

Educational Objectives
• Identify emerging trends and issues for leaders in correctional health care
• Describe solutions to common problems in correctional health care
• Outline strategies and techniques used by others in one’s discipline or specialty for improving health care delivery

207 The Appropriate Infrastructure for Quality Dental Services
Dino Angelici, DMD, Pennsylvania Department of Corrections
The speaker will present an analysis of the burden of dental disease in corrections and discuss its impact on the inmate population, treatment staff and facility administration. The aim is to provide attendees with an understanding of the scope of dental disease in corrections and some strategies for managing a dental program in the challenging correctional environment.

Educational Objectives
• Describe the burden of dental disease in corrections
• Review management strategies for dental programs
• Discuss facility security and the role of the dental office

208 Quality Improvement (Part 1): Measuring Change
Nicholas Scharff, MD, MPH, Consultant
Quality assurance and quality improvement both rely heavily on measurement, but QI relies equally on motivational techniques. Effective QI is intrinsically participatory, but most of us are unwilling, at least initially. But if data are objective, relevant and fair, and if the presentation of findings is encouraging, it can restore professional pride and optimism. Essential components of objective, data-based QI include selecting and formulating study questions and indicators, tabulating and presenting results, and recruiting senior management support.

Educational Objectives
• Describe essential components and methods of objective, data-based quality improvement
• Identify obtainable data compelling enough to motivate change
• Review how to present results and recruit the support of senior management
209 Avoiding Legal, Operational and Medical Problems
Todd Wilcox, MD, MBA, CCHP-A, Salt Lake County Metro Jail
This presentation is an introduction to medical, operational and legal problems that frequently arise in correctional health care settings and tend to be problematic from the standpoint of quality, efficiency, accreditation and litigation. The speaker will present the checklist items to be aware of, as well as potential solutions for implementing changes to address the problems.

Educational Objectives
• Identify basic operational issues that frequently impact correctional health care delivery systems
• Discuss potential areas of risk for providers and health care systems that are frequently part of plaintiff cases
• Review the tricks, mechanisms and policy changes to address these problem areas

210 Operating Expenses for Mental Health Services
William Kissel, MAS, MS, CCHP-MH, Correct Care Solutions
This program will focus on the key budgetary issues and management areas that encompass a correctional behavioral health care program. Specific areas of study will include staffing, medications, medical costs and proactive actions that will maintain clinical integrity while reducing financial risk and crisis episodes.

Educational Objectives
• Review cost-effective clinical staffing
• Describe pharmacy and formulary management
• Summarize proactive systems of care

211 Quality Improvement (Part 2): Outcome Measurement
Nicholas Scharff, MD, MPH, Consultant
This session continues the discussion from session 208. The focus will be on participants’ own ideas and problems as well as discussion of case studies.

Saturday, July 19

7:00 am – 8:00 am

EDUCATIONAL BREAKFAST

Sweet and Sour: Diabetes Management in Correctional Settings
Todd Wilcox, MD, MBA, CCHP-A
Diabetes management is a significant and increasing problem in correctional health care that is compromised by many institutional issues. This talk focuses on newer treatment strategies and medications for handling diabetics successfully as well as a discussion on reasonable outcomes for these patients in the correctional setting. The talk will also focus on tricks for overcoming many of the treatment barriers imposed by institutional rules and issues.

Educational Objectives
• Review new diabetic treatment strategies available
• Discuss reasonable outcomes for diabetics in correctional settings
• Examine ways to address institutional barriers that impact diabetic care

8:15 am - 9:15 am

212 Mechanics of Utilization Management for Physicians
Sharon Lewis, MD, Georgia Department of Corrections
A structured utilization management program is essential to managing health care expense. UM departments are responsible for a broad scope of responsibility and not only make authorization decisions but also address security, transportation and escort, bed space management and coordination of appointments. Analysis of utilization patterns can identify trends and opportunities for improvement. The UM program must demonstrate compliance with constitutionally mandated health care minimal standards, include each aspect of the health care delivery continuum and be defensible.

Educational Objectives
• Outline the components of a utilization management process in the correctional environment
• Identify different options for development of a UM process
• Review various supporting documents and measurements to complement the UM process

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213 Outsourcing of Mental Health Care
William Kissel, MAS, MS, CCHP-MH, Correct Care Solutions

The speaker will present an overview of the benefits, negatives and operational steps associated with outsourcing behavioral health services in a correctional setting. Topics addressed will include the need to ensure experience and understanding of behavioral health in corrections, basic staffing requirements, formulary management, programming requirements, integrated care, records management, continuous quality improvement and contract development and monitoring.

Educational Objectives
• Evaluate the potential advantages and disadvantages of outsourcing mental health care
• List the requirements associated with outsourcing
• Outline the components of a basic quality behavior health program

214 Important Techniques in Communicating With Counsel
Deana Johnson, JD, MHM Correctional Services, Inc.

For health care providers particularly, being accused of wrongdoing by a patient and served with a lawsuit can be an uncertain time. The speaker will educate participants about what to expect at each stage of the litigation process and provide tips on how you can best work with your lawyer defend to optimize the legal defense.

Educational Objectives
• Demonstrate an understanding of each stage of the litigation process
• Describe how to best assist your lawyer in defending your claim
• Review what to expect in deposition and how to disarm the cross examiner

215 Mental Health for Nonmental Health Professionals
William Kissel, MAS, MS, CCHP-MH, Correct Care Solutions

This talk will present a solid overview of correctional mental/behavioral health care to include its history, legal issues and key cases, core program components, common diagnoses, suicide prevention and reentry.

Educational Objectives
• Review the history of correctional behavioral health care
• List the most common diagnoses treated in correctional behavioral health care
• Summarize the core components of a suicide prevention program

216 Developing Rational and Defensible Staffing Plans
Donald Kern, MD, MPH, CCHP, Quality Correctional Health Care

Labor costs generally consume the largest proportion of a correctional health system’s budget. Overstaffing wastes limited resources, while understaffing risks compromising quality of care. This session will review the importance of staffing analysis, provide a framework for developing a staffing model and suggest ways to improve success in budget negotiations for personnel.

Educational Objectives:
• State the importance of a rational staffing plan
• Identify data and methods to develop an appropriate staffing model
• Discuss key elements useful in summarizing and defending a staffing plan

217 Legal Dilemmas With Special Implications in Correctional Health Settings
Deana Johnson, JD, MHM Correctional Services, Inc.

This presentation will acquaint those new to the correctional health care environment or new to a management role with the major legal issues they will face. Topics will include the litigious environment in corrections, constitutional protections afforded to your patients, documentation, scheduling systems, involvement in your patient’s outside legal matters and HIPAA.

Educational Objectives
• Describe your rights and obligations in the litigious environment in corrections
• Explore legal issues involved in the ever-changing documentation systems used in corrections
• Provide real-world examples of attempts to involve correctional providers in patients’ other legal matters

10:00 am – 11:30 am

11:30 am – 12:45 pm
EDUCATIONAL LUNCHEON
L2 The Affordable Care Act and Corrections
Donna Strugar-Fritsch, MPA, BSN, CCHP, Health Management Associates

The Affordable Care Act fundamentally changes many components of American health care. Many provisions apply to inmates, and some exclude them. The speaker will describe several important challenges and opportunities that affect prisons and jails, and prepare participants to take leadership roles in effectively and proactively addressing the clinical and financial reforms. Addressing these complex issues will require cooperation with custody, budgeting, policy makers and many other stakeholders internal and external to corrections.

Educational Objectives
• Articulate the major parameters of health care reform and how they apply to incarcerated persons
• Describe the functions of state health insurance exchanges and how they can be used by prisons and jails
• Define the interest of insurers/providers in collaborating with corrections in discharge planning
1:15 pm – 2:15 pm

218 Facilitated Roundtables
NCCHC invites you to participate in roundtable discussion groups—interactive gatherings where you’ll talk about specific topics and share ideas. A complete list of topics will be available on-site.

Educational Objectives
- Identify emerging trends and issues for leaders in correctional health care
- Describe solutions to common problems in correctional health care
- Outline strategies and techniques used by others in one’s discipline or area of specialty for improving health care delivery

2:30 pm – 3:30 pm

219 Strategies for Eliminating Diagnostic Error
Carl Keldie, MD, CCHP, Consultant
Diagnostic error is not the result of a deficit in clinical breadth of knowledge but rather a lack of understanding of the way we think and our cognitive processes. This session will discuss how to recognize and mitigate cognitive and affect bias, providing multiple examples of debiasing strategies to improve outcome through better diagnosis.

Educational Objectives
- State the importance of thinking over knowing
- Describe how cognitive and affective biases affect clinical outcome
- Explore ways to take skills from the lecture hall to the workplace

220 Accreditation and Certification: Recognition for Correctional Health Care Excellence
Tracey Titus, RN, CCHP, and Matissa Sammons, CCHP, National Commission on Correctional Health Care
NCCHC’s accreditation and certification programs are based on the NCCHC Standards, nationally recognized as the benchmark for establishing and measuring a correctional health services system. Having a well-managed, organized health care system and knowledgeable staff empower your facility to operate at its fullest potential. Attendees will gain an understanding of the similarities and differences between accreditation and certification and why these programs are so important to the field.

Educational Objectives
- List at least three reasons why accreditation and certification are important
- Review the steps necessary to obtain accreditation and certification
- Describe the use of the Standards for Health Services to prepare for accreditation and certification

3:45 pm – 5:00 pm

221 Creating and Sustaining a Healthy Work Environment
Becky Pinney, MSN, RN, CCHP-RN, Corizon - Brentwood Regional
A positive work environment supports excellence of practice. It provides employees with an opportunity to work in a safe environment where they feel valued, and improves motivation, productivity and performance of each employee and thus the organization. This presentation will discuss the key elements essential to a positive workplace environment and ways to strengthen and support one’s own workplace environment.

Educational Objectives
- Identify environment and management factors that support best clinical practice
- Review the role of management leaders and line staff for the support of professional practice
- Describe a strategy to enhance best clinical practice in the correctional practice environment

222 Looking Ahead: What Correctional Health Will Need From Its Leaders in 2019 and Beyond
Newton Kendig, MD, Health Services Division, Federal Bureau of Prisons
We stand on a precipice of emerging biotechnologies that will transform medicine in the next two decades. Correctional health care leaders must stay abreast of these advances and be poised to leverage technologies to improve patient care cost-effectively. This session will highlight evolving treatment strategies such as medication-assisted treatment for chronic addiction, antiviral therapies for infectious diseases such as hepatitis C, the use of biologic modifiers for cancer and autoimmune diseases and bariatric surgery for obesity. Medical-legal issues include managing inmates with gender dysphoria, indications for genetic testing and caring for inmates with disabilities. Creative approaches to improving health care delivery include novel uses of telehealth, virtual case studies as a training tool for subspecialty care, clinical decision-making software as a risk management tool and expanded practices of health care professionals to enhance team medicine.

Educational Objectives
- Articulate evolving clinical care issues that will have a significant impact on correctional medicine in the years ahead
- Describe legislative, legal, fiscal and human capital concerns that will affect correctional health care administration in the future
- Discuss the rapid evolution of biotechnologies and informatics and their potential impact on correctional health care